



Ratings Elliptical exercisers

In performance order.

CR Best Buy Recommended

Brand & model	Price	Overall score	Test results							Standard power source
Brand & model	Price	Overall score	Ergonomics	Exercise range	Ease of use	Construction	Heart-rate monitor	Safety	Chest-strap included	Standard power source
1 Diamondback 1260 EF	\$2,600	83	●	●	●	●	●	●	●	AC
2 SportsArt E83	2,600	81	●	●	●	●	●	●	●	AC
3 LifeCore Fitness LC985VG	1,800	80	●	●	●	●	●	●	●	AC
4 Tunturi CF35	1,700	81	●	●	●	●	●	●	●	AC
5 Kettler CT 307 Verso	600	77	●	●	●	●	●	●	●	AC
6 Gold's Gym 510	540	77	●	●	●	●	●	●	●	battery
7 Proform XP 420 Razor	350	63	●	●	●	●	●	●	●	battery
8 Body-Solid Endurance E4	900	64	●	●	●	●	●	●	●	battery



Consumer Reports

Overview

Workouts on an elliptical exerciser approach the cardio levels you can reach on a treadmill and are better for those with joint problems.

Best overall:

- 1 **Diamondback \$2,600**
- 3 **LifeCore Fitness \$1,800 CR Best Buy**

1 has an adjustable incline and a broad selection of heart-rate-monitoring programs. 3 has a dial for adjusting resistance and selecting programs.

Guide to the Ratings

Overall score is based on ergonomics, exercise range, and ease of use, along with construction, heart-rate monitoring, and safety. **Ergonomics** indicates how well a machine accommodates people of various sizes. **Exercise range** measures effort required to propel a machine through its range of resistance-level settings. **Ease of use** indicates how easy it is to adjust exercise levels, use programs, and read the monitor. **Construction** is a measure of quality and our perception of operating noise, feel, ride, and stability. **Heart-rate monitor** evaluates the standard heart-rate sensors, programs, and how heart rate controls elliptical operation. **Safety** is an indication of the stability of the machine, pedal geometry, and pedal materials. **Price** is approximate retail.