

## *Shipping FAQ's: Do you ever ship any products with the United States Postal Service (USPS)?*

The only items we ship with USPS are small Total Trainer parts, Olympic adapters and some small boxing gloves and accessories. These items have an estimated 1-5 business day processing time and an estimated 14 business day mailing time. These are all mailed from Louisiana. No other products can be shipped via USPS.

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*Author: Nikki*

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